



## Missouri Association

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# STUDY GUIDE

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*Questions and Answers about FCCLA and Family Consumer Sciences  
for 2016-2017 Regional, State and National Officer Candidates*

## **FCCLA and Family Consumer Sciences Study Questions for Regional, State and National Officer Candidates**

**These questions reflect information found in the *Missouri Member Handbook*, *The FCCLA Handbook to Ultimate Leadership*, *The Ultimate Officer Handbook & Training Manual*, National FCCLA Website, and Missouri FCCLA Website.**

1. Who is the legal governing board of Family, Career and Community Leaders of America?

*The National Board of Directors. The board determines policy, oversees financial affairs, evaluates current programs and assists in long-range planning and organizational management. Members are both appointed and elected.*

2. Where is the national headquarters located?

*1910 Association Drive, Reston, Virginia*

3. Which two organizations endorse Family, Career and Community Leaders of America?

*U.S. Department of Education (Office of Vocational and Adult Education) and the American Association of Family and Consumer Sciences (AAFCS)*

4. How much are member national dues?

*\$9.00 per person*

5. What is the FCCLA tagline, and when was it introduced?

*“FCCLA: The Ultimate Leadership Experience” was introduced in 2003*

6. What are the four national FCCLA regions?

*North Atlantic, Southern, Central, Pacific*

7. Missouri is located in which region?

*Central*

8. What is the mission of FCCLA?

*To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through – character development; creative and critical thinking; interpersonal communication; practical knowledge; and career preparation.*

9. How many national officers are elected?

*A total of 10 are elected.*

10. What are the five basic components of an FCCLA chapter?

*Membership, advisor, leadership, meetings and projects*

11. Who is eligible to be a member of FCCLA?

*Any student who is taking or has taken a family and consumer sciences education course and who pays the appropriate membership dues, or is a part of a middle level or urban chapter affiliation program.*

12. What is FCCLA?

*Family, Career and Community Leaders of America, a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work and societal issues through family and consumer sciences education.*

13. What is a co-curricular FCCLA chapter?

*A program that integrates FCCLA chapter activities into the classroom family and consumer sciences program of study. Missouri recommends FCCLA be an integral part of the instructional program.*

14. What is the planning process?

*A simple five-step method to help chapter members and advisors plan individual, group or chapter projects and activities*

15. What is a program of work?

*Chapter's plans for the year*

16. What is youth-centered leadership?

*Process through which youth members are responsible for planning, carrying out and evaluating chapter projects and activities*

17. What are the eight purposes of FCCLA?

- 1. To provide opportunities for personal development and preparation for adult life.*
- 2. To strengthen the function of the family as the basic unit of society.*
- 3. To encourage democracy through cooperative action in the home and community.*
- 4. To encourage individual and group involvement in helping achieve global cooperation and harmony.*
- 5. To promote greater understanding between youth and adults.*
- 6. To provide opportunities for making decisions and for assuming responsibilities.*
- 7. To prepare for the multiple roles of men and women in today's society.*
- 8. To promote family and consumer sciences and related occupations.*

18. What are the 52 state associations?

*The 50 states, Puerto Rico and the Virgin Islands*

19. Who is the current executive director of FCCLA?

*Sandy Spavone*

20. What is the role of a chapter president?

*Presides over the class during project selection and planning. Appoints committees or members for specific jobs related to projects. Serves on the chapter executive council, if one exists.*

21. What is the role of the chapter vice-president?

*Assists the president in overseeing the work of project committees. Fills in when the president is absent.*

22. What is the role of the chapter secretary?

*Maintains written minutes of the decisions related to projects and activities. Works with president to complete a written Planning Process worksheet to be posted for member review.*

23. What is the role of the chapter treasurer?

*Collects and records all fundraising monies and dues. Maintains written records and receipts for all funds spent on chapter project(s).*

24. What are bylaws?

*Bylaws are the rules adopted by an organization for governing its activities.*

25. Name the four kinds of membership in FCCLA.

*Active, Alumni, Associate and Honorary*

26. How many members are needed to form a chapter?

*There is no minimum requirement.*

27. Can students in private schools be members of FCCLA?

*Yes, as long as they meet membership requirements.*

28. What are the three methods of voting?

*Voice votes, roll call, or ballot*

29. What is a Quorum?

*Minimum number of members that must be present to conduct the business of the meeting; usually a simple majority unless otherwise specified in the bylaws.*

30. How is FCCLA financed?

*FCCLA is a nonprofit organization funded primarily by membership dues.*

31. What do national dues support?

*Teen Times; The Adviser Newsletter; chapter mailings; national program development; chapter resources; leadership training; national promotion of the organization; membership processing and marketing; National Board of Directors and National Executive Council activities; fundraising and seeking corporate sponsors; operating expenses of the national headquarters and staff.*

32. What is affiliation?

*The process of formally joining FCCLA by paying membership dues.*

33. Who is eligible to use the names “Family, Career and Community Leaders of America” and “FCCLA”, as well as the emblem?

*Only affiliated (dues paying) members and chapters.*

34. What does the FCCLA emblem represent?

*The FCCLA emblem represents Family, Career and Community Leaders of America as a dynamic, active organization. The dominant collegiate lettering articulates a focus on education and student leadership. The swooping arch embodies an active organization that moves toward new arenas. The color of the emblem is one of the organizational colors – red.*

35. What are the official FCCLA colors?

*Red suggests strength, courage and determination – personal qualities leading to happiness through a positive self-image.*

*White symbolizes sincerity of purpose and integrity of action, qualities that will help individuals build a better tomorrow.*

36. What is the FCCLA flower?

*The red rose represents the organization because it gives joy through its beauty and fragrance. It symbolizes a desire for beauty in everyday living.*

37. What is the FCCLA motto?

*A motto is a short expression of an organization's guiding principles – a phrase that is appropriate to or indicates its character. The FCCLA motto is Toward New Horizons.*

38. Repeat the creed.

*We are the Family, Career and Community Leaders of America.*

*We face the future with warm courage and high hope.*

*For we have the clear consciousness of seeking old and precious values.*

*For we are the builders of home,*

*Home for America's future,*

*Homes where living will be the expression of everything that is good and fair,*

*Homes where truth and love and security and faith will be realities, not dreams.*

*We are the Family, Career and Community Leaders of America.*

*We face the future with warm courage and high hope.*

39. What is the standard FCCLA Opening Ceremony?

*President: Gives a rap with the gavel, signaling the officers and members to stand and then begins the meeting by stating, "We are the members of Family, Career and Community Leaders of America. Our mission is to promote personal growth and leadership development through Family and Consumer Sciences Education."*

*Officers: "Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation."*

*Members: "As we work toward the accomplishment of our goals, we learn cooperation, take responsibility, develop leadership, and give service."*

*President: "This meeting of the \_\_\_\_\_ Chapter of Family, Career and Community Leaders of America is now in session. You may be seated." (Raps gavel)*

40. What is the standard FCCLA Closing Ceremony?

*President: "Members, please stand. FCCLA members, we are challenged to accept the responsibility of making decisions that affect our lives today and the world of tomorrow. Let us repeat our creed."*

*Members: "We are the Family, Career and Community Leaders of America.  
We face the future with warm courage and high hope.  
For we have the clear consciousness of seeking old and precious values.  
For we are the builders of home,  
Home for America's future,  
Homes where living will be the expression of everything that is good and fair,  
Homes where truth and love and security and faith will be realities, not dreams.  
We are the Family, Career and Community Leaders of America.  
We face the future with warm courage and high hope."*

*President: "This meeting of the \_\_\_\_\_ Chapter of Family, Career and Community Leaders of America is not adjourned." (Raps gavel)*

41. Where should the FCCLA emblem be worn?

*Wear the emblem over the heart or on a jacket pocket.*

42. Where should the pin be worn?

*The pin is worn over the heart. Members, advisers, honorary members, Alumni & Associate member and chapter parents may wear the pin.*

43. Who is considered one of the most influential leaders in the founding of Future Homemakers of America?

*Edna P. Amidon, an educator and promoter of home economics education. She served as the organization's first board chair.*

44. Who was the first national advisor?

*Dr. Hazel Frost*

45. What was the amount of the first dues in 1945?

*10 cents*

46. When and where was Future Homemakers of America founded?

*June 1945 in Chicago, Illinois*

47. What is the name of the organization's magazine, and when was it first published?

*Teen Times was first published in 1945.*

48. The first national convention was held where and when?

*July 1948, in Kansas City, MO*

49. How many students are involved in FCCLA?

*More than 200,000 chapter members in more than 5,500 local chapters. Over nine million youth have been involved in the organization since its founding in 1945.*

50. What is the organization's central focus?

*The family*

51. When did the Future Homemakers of America and the New Homemakers of America merge?

*July 1965*

52. When were HERO (Home Economics Related Occupations) chapters founded?

*1971*

53. STAR Events began in what year?

*1983*

54. What are the six career areas of family consumer sciences?

*Early Childhood, Education and Services*

*Food Production and Services*

*Hospitality, Tourism and Recreation*

*Housing, Interiors and Furnishings*

*Textiles and Apparel*

*Family Consumer Sciences Education*



55. When and where was the name of the organization changed to Family, Career and Community Leaders of America?

*July 1999; Boston, MA*

56. Why did FHA/HERO change its name to FCCLA?

*FCCLA reflects our Mission. It emphasizes the leadership qualities that set our members apart from other young people*

57. Missouri was chartered as a state association in what year?

*April 1946, Missouri is the 29th chartered state association*

58. Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life. What are skills for life?

*Planning, goal setting, problem solving, decision making and interpersonal communication – necessary in the home and workplace.*

59. Who is the current (2015-2016) National President?

*Josh Sorbe, South Dakota*

60. Distinguish between comprehensive and occupational members.

*Comprehensive members are currently enrolled in or have taken courses in family and consumer sciences (family-focused). Occupational members are currently enrolled or have taken courses toward preparation for a specific family and consumer sciences career (wage-earning).*

61. What is an integrated chapter (also called co-curricular or intra-curricular)?

*A chapter whose activities are an integral part of FACS classes. Students develop and carry out chapter projects that meet both course standards and FCCLA program requirements.*

62. What qualifications are needed to be a chapter advisor?

*Must be a certified comprehensive or occupational family and consumer sciences educator.*

63. What is the amount of state dues?

*\$2.00 per person*

64. Who is eligible for Alumni & Associates membership?

*Former FCCLA, FHA (Future Homemakers of America), NHA (New Homemakers of America), HERO members, and individuals who share the goals and purposes of Family, Career and Community Leaders of America.*

65. By what procedure are all meetings to be conducted?

*Parliamentary Procedure, using Robert's Rules of Order*

66. What is the URL address for the National FCCLA website?

[www.fcclainc.org](http://www.fcclainc.org)

67. How many issues of *Teen Times* are published each year?

*Four (1 print edition and 3 electronic issues)*

68. Who is the administrative body/sponsor of the Missouri Association FCCLA?

*Family Consumer Sciences and Human Services Section, Missouri Department of Elementary and Secondary Education*

69. Where is the state FCCLA office located?

*Jefferson City, Missouri, within the Missouri Department of Elementary and Secondary Education*

70. How many regions are in Missouri?

*14*

71. Approximately how many students are members of Missouri FCCLA?

*More than 9,800 students in 329 local chapters*

72. What is the term of a State Executive Council Member?

*One year*

73. How is the number of State Vice Presidents determined?

*One from each of the 14 regions*

74. What officer positions are determined as the result of a statewide election?

*State President, State 1st Vice President, National Officer Candidates*

75. Name two "Missouri Only" activities?

*The Legislative Shadowing Project and Fall Leadership Conference*

76. What are the "Missouri Only" STAR Events?

*FCCLA Knowledge and Toward New Horizons*

77. What is the meaning of the acronym STAR in STAR Events?

*Students Taking Action with Recognition*

78. How many STAR Events are available to members?

*31 National Events, and 2 state only events, total 33*

79. What competitive events are available to FCCLA members?

*Skill Demonstration Events, FCCLA Contests, Family and Consumer Sciences Knowledge Bowl, and STAR Events*

80. Name the five steps of the Planning Process.

*Identify Concerns, Set a Goal, Form a Plan, Act, and Follow Up*

81. Name the five units of Power of One.

*A Better You, Family Ties, Working on Working, Take the Lead, Speak out for FCCLA*

82. Name the Advisor Recognition Programs available.

*Master Advisor, Advisor Mentor, Advisor Academy, Years of Service, Spirit of Advising and Missouri Excellence in Advising Award*

83. Name the six units of Career Connection.

*Plug In To Careers, Sign On to the Career Connection, Program Career Steps, Link Up to Jobs, Access Skills for Career Success, and Integrate Work and Life*

84. What national program guides students to develop, plan, carry out and evaluate projects that improve the quality of life in their communities?

*Leadership Service in Action*

85. What are the five units of Families First?

*Families Today, You-Me-Us, Balancing Family and Career, Meet the Challenge, Parent Practice*

86. What is the meaning of the acronym FACTS?

*Families Acting for Community Traffic Safety*

87. Name the four topic areas of Student Body.

*The Healthy You, The Fit You, The Real You, and The Resilient You.*

88. Name the five topic areas of FACTS.

*Think SMART, Buckle-Up, Arrive Alive, Speak Up and Bridge the Gap*

89. What is peer education?

*A method of education where teens teach teens – their peers*

90. Name the five Financial Fitness units.

*Banking Basics, Cash Control, Consumer Clout, Making Money, Financing Your Future*

91. Who is eligible for full scholarships in the Japanese Exchange Program?

*Members in their sophomore and junior years of high school*

92. Name the two partners of the Japanese Exchange scholarship

*Kikkoman Corporation and Youth for Understanding USA*

93. What is the meaning of the acronym STOP in the STOP the Violence program?

*Students Taking On Prevention*

94. What is STOP the Violence?

*A peer-to-peer outreach initiative that empowers young people to recognize, report, and reduce the potential for youth violence.*

95. What are the three “R’s” of the STOP the Violence program?

*Recognize, Report, and Reduce*

96. Which national meetings are held each fall?

*Cluster Meetings*

97. National Leadership Conference will be held in what city in 2016?

*San Diego, California*

98. What are the two awards given in recognition of exemplary public relations efforts?

*National Outstanding Media Award and the National Chapter Public Relations Award*

99. What are the 3 R’s of Membership?

*Recruit, Retain, Recognize*

100. What is membership activity for new FCCLA members?

*Step One*

101. What are the five essential elements of a chapter's public relations plan?

*Message, Audience, Purpose, Method, and Feedback*

102. What are the five basic components of an FCCLA chapter?

*Membership, Advisor, Leadership, Meetings, and Projects*

103. What are the objectives of the Capitol Leadership Training?

*FCCLA members and advisers will have the opportunity to participate in public policy development and advocacy training; develop a state and local advocacy plan; meet with members of Congress and Federal officials; and have the opportunity to explore the nation's Capitol.*

104. According to Robert's Rules of Order, what are four basic ideas of parliamentary law?

1. *Courtesy and justice for all*
2. *One item of business at a time*
3. *The minority must be heard*
4. *The majority must prevail*

105. What organization is FCCLA currently partnering with for the National Outreach Project?

*Lead2Feed*

106. What is the name of the professional organization for Missouri Family and Consumer Sciences teachers?

*MoEFACS – Missouri Educators of Family and Consumer Sciences*